



CITY OF LOS ANGELES

Department of Recreation and Parks



CABRILLO BEACH BATHHOUSE

3800 Stephen M. White Drive. San Pedro, CA, 90731
Office: (310) 548-7554 Email: Karl.Stephens@LACity.org
www.laparks.org  

RECREATION INSTRUCTOR: FITNESS: WEIGHT TRAINING, YOGA, BOOT CAMP
Positions available 2

PAY: STARTING AT \$23.92 - \$33.55/HOUR

AVAILABLE HOURS: Quarterly 8 week Sessions January-March, April-May etc. Between 2-6 hours a week. Availability must be between the hours of 5:00pm-8:00pm weekdays and/or 9:00am-1:00pm weekends. Hours may vary depending on the needs of the program, budget, and enrollment.

DUTIES & RESPONSIBILITIES INCLUDE BUT ARE NOT LIMITED TO:

- Knowledge, experience, and ability to motivate, engage, and instruct ages 14 and older in
- Weight Training, Yoga or Boot Camp fitness classes.
- Ability to create and lead classes.
- Willingness to participate in special events (holiday celebrations, community festivals, and/or showcases)
- Setting up and taking down program/activity equipment and any other program/activity related materials.
- Keeps communication with class in case of make-up sessions or running late
- Adhere to City and departmental policies and procedures; performs related duties as required.

QUALIFICATIONS:

- Utilizes quality customer service skills and techniques and effective communication skills (orally and in writing).
- Establishes and maintains effective working relationships with the public, staff, and other agencies.

PHYSICAL REQUIREMENTS:

- This position requires setting up and taking down program/activity equipment and any other related materials.
- Active participation in all aspects of the program may include the ability to stand, walk, stoop, kneel, crouch, and/or reach for extended periods of time.
- Ability to lift, push, pull, carry a minimum of 15 lbs.
- Setup, breakdown, and cleaning/sanitizing daily of all supplies used

HOW TO APPLY:

E-mail your resume with the subject line RESUME FITNESS to:
Karl.Stephens@LACity.org
Senior Recreation Director

LAST DAY TO APPLY: March 18th, 2026