

SHERMAN OAKS EAST VALLEY ADULT CENTER

5056 Van Nuys Blvd. Sherman Oaks, CA 91403

Phone: (818)981-1284

RECREATION INSTRUCTOR

Tai Chi

Available Hours:

Wednesdays and Fridays | 8:30am-11:00am

Job Description:

Tai Chi instructor is a trained professional who teaches the principles, movements, and philosophy of **Tai Chi**, guiding students to improve balance, coordination, mental focus, and overall well-being through slow, controlled motion and mindful breathing.

Duties:

- Opening and closing the facility
- Monitoring permit groups
- Office coverage
- Check attendance for classes and activities
- Work independently
- Communication with public and director
- Instruct students in the movements and forms of **Tai Chi**
- Demonstrate proper posture, alignment, and transitions
- Break down sequences into manageable steps for learners

Qualifications:

- Currently employed by the City of Los Angeles Department of Recreation and Parks
- Knowledge of City policy and procedures
- Able to work independently
- Ability to be on time and follow directions.
- Ability to provide outstanding customer service and demonstrate strong interpersonal skills.

To Apply

Send resume to:

kelci.verdugo@lacity.org

Subject: Tai Chi Instructor Position

Last Day to Apply:

April 24th, 2026