

City of Los Angeles Department of Recreation & Parks, Pacific Region-Senior District

**Anderson Memorial Senior Citizen Center**

828 South Mesa Street, Los Angeles, CA, 91731, Phone: (310) 548-7596

*Ages: 50+ Club*

E-mail: [anderson.seniorcenter@lacity.org](mailto:anderson.seniorcenter@lacity.org)

Website: [www.laparks.org/scc/anderson-memorial](http://www.laparks.org/scc/anderson-memorial)



*Spring Program 2026*

*April to June*



• [Class Schedules](#)

• [Registration Dates](#)

• [Event Calendar](#)

If you are a person with a disability and require accommodation to participate in a City of Los Angeles Department of Recreation and Parks program, service, or activity, requests may be made by calling the facility 310.548.7596 or 711 for CA Relay, ten days in advance of the event. We will do our best to fulfill requests with less than ten business days' notice. If a participant requires a one to one aide, requests will be fulfilled within seven business days of receiving required paperwork and documentation needed to issue a Right of Entry Permit to the agency providing the aide. Activity subject to change or cancellation

# Class Registration Procedure

1. **Registration begins: Winter-November 15, Spring-February 15, Summer-May 15, Fall-August 15.**
2. Payment by check or money order made to "City of Los Angeles, Department of Recreation and Parks." A collection fee will be charged for each returned check. Exact change for cash payments please.
3. Full payment is required at time of registration. No refunds unless class or activity is cancelled.
4. **Annual membership is \$20 with many benefits & a parking permit** (all others may be towed at owner's expense)
5. Registration fees are due the one week prior of the class/activity.
6. The City of Los Angeles does not provide insurance.
7. We may cancel the class or program when minimum enrollment is not meet.
8. The classes and programs in this brochure may be subject to change and or cancellation.
9. Refund policy: Refunds granted will assess a 15% administrative fee. No full refunds will be issued unless a program is cancelled by the facility. No refunds or credits issued on missed class days.
10. Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.
11. The City of Los Angeles Department of Recreation and Parks (RAP) is not responsible for any injury to any person Suffered while warming up or participating in exercise and fitness classes for any reason whatsoever. Each adult participant certifies upon registration that he/she is physically capable of participating in a class.

## Permit Information 310.548.7596

Welcome to Anderson Memorial Senior Citizen Center . Reservation to use our facility is made on a "first come, first served" basis with a deposit of 50% to place reservation on calendar. One initial meeting with a tour and second or final meeting one month ahead or whichever comes first to pay for the event with no balance remaining one month before the event. Insurance that covers Anderson Memorial Senior Citizen Center is required. Reservation fee, non-refundable deposit, staff, maintenance staff, utility hook-up, tables, chairs, kitchen and miscellaneous fees will be included in the permit.

### Special Event:

- **Big event** (100 to 200 participants): Please inquire 3 to 6 months before the event.
- **Small event** (1-99 participants): Please inquire at 2 to 3 months before the event.
- **Auditorium** (200 persons maximum)
- **Picnic:** First come first serve



Entrance-north side of the building on 8th Street



Auditorium on Mesa Street



Courtyard on 9th Street



West side of the Building on Mesa Street



# Events and Activity Announcement (subject to change)



## *Monthly Social*

*It's a Potluck!*

*Everyone is welcome*

*Let's Party*

*2026! Every Month at 10:00 am*

*New Year Celebration on January 28*

*Valentine's Day Party on February 11*

*Spring Party on March 25*

*Egg Hunt Party on April 8*

*Mother's Day Party on May 6*

*Father's Day Party on June 17*

*Independence's Day Party on July 1*

*Luau Party on August 12*

*Fun by the Harbor on September 2*

*Halloween Party on October 30*

*Thanksgiving Party on November 20*

*Holiday Party on December 9*

*Free 2026 field trips for members only!*

*Hollywood Bowl in the Summer (Classical Music)*

*Secret Field Trips later in the year*

*Bus is sponsored by Council District 15!*

*First come! First served!*

*This is a day trip, bus is free for Anderson Memorial Senior Citizen Center's members. There may be a fee to the event or activity or facility attending. Meals and misc. fees are not included.*

## 8 Weeks Winter Classes-April 6 to May 29, 2026

**Monday Classes meet on:** 4/6, 4/13, 4/20, 4/27, 5/5, 5/11 & 5/18 (make up class 6/1/2026 if any)

### Tai Chi

10 to 11 AM for \$10 /7 weeks

Slow movement that is easy on our body.

### Line Dancing

11:30 to 12:30 PM for \$10 /7 weeks

A line dance is a choreographed dance in which a group of people dance along to a repeating sequence of steps in lines.

### Chair Yoga

12:30 to 1:30 PM for \$10 /7 weeks

Simple stretching for our body sitting on a chair.

### Badminton (Free for members)

12 PM to 3:30 PM

Badminton is a great body-toning workout. Between running, lunging, diving and ball hitting (burns ~450 calories per hour).

### Chinese Calligraphy

2 to 3 PM for \$20 /7 weeks

We will begin our journey just like a Chinese scholar while enjoy time to ourselves.

### Ping Pong Open Play

3:30 to 5 PM for Free for members

### Tuesday Classes meet on:

4/7, 4/14, 4/21, 4/28, 5/5, 5/12 & 5/19 (make up class 6/2/2026 if any)

### Epoch Fitness

10 to 11 AM for \$20 /8 weeks

This is the easiest method to have a great time, combat dementia and it is dancing!

### Badminton (Free for members)

10:30 AM to 1 PM

Badminton is a great body-toning workout. Between running, lunging, diving and ball hitting (burns ~450 calories per hour).

### Ceramic

10 am to 12:30 pm for \$60 /8 weeks

Material Fee: \$30 (for clay & glaze)

This is the moment we take for ourselves, to be free and expressive. We create our pieces with just our hands.

### Pickleball Open Play

1 to 2:30 PM for Free for members

### Piano Private Lesson

30 min/week for \$110 /8 weeks

Our instructor tailored the lessons according to student's level in a spacious private room using a baby grand piano.

### Pickleball

3 to 4 PM for \$20 /8 weeks

4 to 5 PM for \$20 /8 weeks

This is the new in sport for everyone who used to play tennis. It is so easy!



### Court Reservation Policy

\$5 an hour for non-members or Free for members

Time is available as indicated. The court may be reserved on either a weekly or monthly basis. Please note that reservations are subject to cancellation in the event a complaint is received or at the sole discretion of the Director.



## 8 Weeks Winter Classes-April 6 to May 29, 2026

### **Wednesday Classes meet**

**on:** 4/8, 4/15, 4/22, 4/29, 5/6, 5/13, 5/20, 5/27 (make up class 6/3/2026 if any)

### **iPhone Help** (Free for members)

**9:30 AM to 10:30 AM**

We can help you navigate with iPhone

### **Badminton** (Free for members)

**10 AM to 1 PM**

Badminton is a great body-toning workout. Between running, lunging, diving and ball hitting (burns ~450 calories per hour).

### **Ceramic**

**1 pm to 3:30 pm for \$60 /8 weeks**

**Material Fee: \$30 (for clay & glaze)**

This is the moment we take for ourselves, to be free and expressive. We create our pieces with just our hands.

### **Ping Pong Class**

**2 PM to 3 PM for \$10 /8 weeks**

**3 PM to 4 PM for \$10 /8 weeks**

Maybe we can play as good as Forest Gump!

**We have everything, just come and play!**

### **Watercolor**

**2 to 3:30 pm for \$10 /8 weeks**

Watercolor paint is a translucent art medium, basically a colored pigment in a water-soluble binder. Vibrant and translucent nature, quick drying time, simple set up and clean up.

### **Pickleball open play**

**4:00 to 5:00 PM for Free for members**

### **Meditation** (Free for members)

**4:30 PM /8 weeks**

a practice that involves training the mind to focus and achieve a state of calmness and awareness.

### **Thursday Classes meet on:**

4/9, 4/16, 4/23, 4/30, 5/7, 5/14, 5/21, 5/28 (make up class 6/4/2026 if any)

### **Tai Chi**

**9 to 10 AM for \$10 /8 weeks**

Slow movement that is easy on our body.

### **Black & White Photography**

**10 am to 11 am for \$20 /8 weeks**

the art of capturing images using only shades of gray. It's a timeless art form that emphasizes composition, contrast, and light.

### **Ceramic**

**10 am to 12:30 pm for \$60 /8 weeks**

**Material Fee: \$30 (for clay & glaze)**

This is the moment we take for ourselves, to be free and expressive. We create our pieces with just our hands.

### **Crochet**

**11:30 am to 12:30 PM for \$10 /8 weeks**

using a hook to create textiles by interlooping yarn

### **Chinese Folk Dance**

**1:30PM to 2:30 PM for \$20 /8 weeks**

Encompasses a wide variety of dance styles, traditions, and customs passed down through different regions and ethnic groups within China

### **Pickleball open play**

**2:30 to 5:00 PM for Free for members**



## 8 Weeks Spring 2026 4/6-5/29 Classes, Loteria and Nutrition Program

### Friday Classes meet on:

4/10, 4/17, 4/24, 5/1, 5/8, 5/15, 5/22,  
5/29/2026 (make up class 6/5/2026 if any)

### Badminton (Free for members)

10 AM to 3:30 PM

Badminton is a great body-toning workout. Between running, lunging, diving and ball hitting (burns ~450 calories per hour).

### Acrylic Painting

12 to 1:30 PM for \$20 /8 weeks

Acrylic paint is a type of paint that is mixed with a water-soluble resin. They are typically used to create a layer of paint on a surface. Acrylic paint is typically made from acrylic resin, pigment and dyes.

### Mahjong (Free for members)

1:30 PM to 3:30 PM

A tile-based game originating from China, similar to rummy, where players draw and discard tiles to form sets, aiming to complete a 14-tile hand to win the round.

### Ping Pong Open Play

3:30 to 5 PM for Free for members



## Senior Nutrition Program

### First come! First served!

Mondays through Fridays

(except city holidays)

Hot lunch is served daily at 10:45 AM

Seniors 60+ is \$3/meal

All others \$5/meal

Department of Aging generously provided this nutrition program for senior members of Anderson Memorial Senior Citizen Center.



## Loteria

Wednesdays

11:30 AM to 12:30 PM

Free for members

Mexican style Bingo game!

Please bring a prize when you come!

## Nutrition Program Menu from April 6 to July 3, 2026

<b>2026</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>4/6-4/10</b>	Beef Chili Mac	Herb Baked Fish	Turkey a la King	Meatloaf with red sauce	Chicken Mole
<b>4/13-4/17</b>	Stuffed Bell Peppers	Beef Picado	<b>Fish Vera Cruz</b>	Oven Baked Chicken	<b>Meatloaf</b>
<b>4/20-4/24</b>	Beef Lasagna	Shepherd's Pie	<b>Lemon Dijon Chicken</b>	<b>Beef Stir Fry</b>	BBQ Chicken
<b>4/27-5/1</b>	Garlic Butter Fish	<b>Hawaiian Chicken</b>	Beef Stew	Chicken Marsala	Breaded Fish
<b>5/4-5/8</b>	BBQ Hamburger	Creamy Cilantro Fish	<b>Turkey &amp; Cranberry</b>	Roast Beef	<b>Chicken Pasta</b>
<b>5/11-5/15</b>	Tuna Sandwich	Spaghetti W/Meatballs	Chicken Enchilada	Lemon Pepper Fish	Pork Loin black Pepper sauce
<b>5/18-5/22</b>	Beef Chili Mac	Herb Baked Fish	Turkey a la King	Meatloaf with red sauce	Chicken Mole
<b>5/25-5/29</b>	<b>Holiday No Lunch</b>	Beef Picado	<b>Tuna Salad</b>	Oven Baked Chicken	<b>Meatball Sandwich</b>
<b>6/1-6/5</b>	Beef Lasagna	Shepherd's Pie	<b>Rosemary Chicken</b>	<b>Beef Teriyaki</b>	BBQ Chicken
<b>6/8-6/12</b>	Garlic Butter Fish	<b>Chicken Curry</b>	Beef Stew	Chicken Marsala	Breaded Fish
<b>6/15-6/19</b>	BBQ Hamburger	Creamy Cilantro Fish	<b>Turkey &amp; Cranberry</b>	Roast Beef	<b>Holiday No Lunch</b>
<b>6/22-6/26</b>	Tuna Sandwich	Spaghetti W/Meatballs	Chicken Enchilada	Lemon Pepper Fish	Pork Loin black Pepper sauce
<b>6/22-6/26</b>	Beef Chili Mac	Herb Baked Fish	Turkey a la King	Meatloaf with red sauce	Chicken Mole

(subject to change)



CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS

Karen Bass , Mayor

Tim McOsker, Councilmember, District 15



**Recreation and Parks Commissioners**

Renata Simril, President, Luis Sanchez, Vice President,

Fiona Hutton, Marie Lloyd, Benny Tran, Commissioner

**Recreation and Parks Administration**

Jimmy Kim, General Manager

Matthew Rutnick, Executive Officer & Chief of Staff

Chinyere Stoneham, Assistant General Manager - Recreational Service Branch

Cathie Santo-Domingo, Assistant General Manager - Planning, Maintenance and Construction Branch

Brenda Aguirre, Assistant General Manager, Special Operations Division

**Pacific Region**

Kimberly Simonet, Acting Superintendent

Leslie Perez, Acting Principal Recreation Supervisor II

Jose Monge , Principal Grounds Maintenance Supervisor II

Elaine Piha, Principal Recreation Supervisor I

Ramon Bernal, Senior District Supervisor

**Anderson Memorial Senior Citizen Center**

Hua Ling, Recreation Facility Director

**Recreation Staff**

Selina Lindeman, Lisa Ferguson, Teyahna Hall, and Mindee Choi

**Maintenance Staff**

Leo Uribe, Maintenance Supervisor, Point Fermin District

Boris Rivera, Lead Senior Gardener, Jose Leon, Senior Gardener

Teresa Reveles, SPA II

**Park Advisory Board**

Anderson Senior Center is looking for a few good volunteers who would volunteer a few hours a month and come to 4 (four) meetings a year with a term limit of one year at a time. If you are interested in getting donations and fundraising for Anderson SCC, please call (310) 548-7596.

**Hours of Operation**

Monday through Friday	9:00 a.m. - 5:00 p.m.
Saturday	Closed
Sunday and All Los Angeles City Holidays	Closed (There will be no classes on holidays)

**City of Los Angeles Holiday**

Memorial Day, Monday, 5/25/2026	Juneteenth, Friday, 6/19/2026
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**Important Numbers**

**Bulk Item pick up:** (800) 773-2489

**Dead Animal pick-up:** (800) 773-2489

**Film Office:** (323) 644-6220

**Graffiti Removal:** (213) 978-0228

**LA Police Department (Emergency)...**Call 911

**Public Information:** (213) 202-2700

**Street Lights Out:** (213) 473-3231

**Bee Infestation:** (800) 233-9279

**DWP lines in trees:** (800) 821-5278

**Golf Reservation:** (818) 291-9980

**LAPD:** (877) 275-5273 non-emergency

**Pot Hole Repair:** (800) 996-2489

**Street Tree Trimming:** (800) 996-2489

**L.A. Animal Services:** (888) 452-7381