



CLAUDE PEPPER SENIOR CENTER 1762 S. LA CIENEGA BLVD. LA, CA 90035 (310) 559-9677
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WEEKLY CLASS SCHEDULE

M

- 9:00-10:00am- Strength & Condition Class (FREE)
- 9:30-11:30am: Gourd Art (FREE) (MARCH 9-MAY 4)
- 10:00-11:15am- Self-Defense Class (\$10/MONTH)
- 12:30-3:30pm Bridge Club (FREE)
- 12:30-2:00pm Cynthia's Arts & Crafts (\$10/MONTH)

TU

- Parks (Bingo) 9:30-11:30am (\$0.25 per card)
- Intro To Crochet: 9:30-11:30am (\$10/MONTH)
- Yoga: 1:00-2:30pm (\$5 per class)
- Walk It Out (10am-11:30) FREE

W

- Knitting: 9:00-11:00am (FREE)
- Quilting: 11:00am-2:00pm (FREE)
- Talk It Out: 10:00am-11:15am (FREE)
- Chair Yoga: 11:45am-1:00pm (\$5 per class)
- **Technology Class (NEW!) 1:00-3:00pm (April 8-May 6)

TH

- Thursday Yoga: 9:30-11:00am (\$5 per class)
- T.A.G. (Thursday Acting Group) 10am-2pm (FREE)
- Line Dance (except 3rd Thursday) 1:00-2:00pm (FREE)
- Brain Fitness (except 3rd Thursday) 1:00-2:00pm (FREE)
- (Starts May 7th, 2026)
- Bid Whist 2:00-4:00pm (FREE)

F

- Poker: (Friendly games) 12:30-4:00pm (FREE)
- Intro/ Convo Spanish (12:00-1:30pm) (\$10) March 27-May 15)
- Ballroom, Latin & Swing Dance: 2:00-3:30pm (\$10/MONTH)

'If you are a person with a disability and require accommodation to participate in a City of Los Angeles Department of Recreation and Parks program, service, or activity, requests may be made by calling the facility (facility phone number here), or 711 for CA Relay, ten days in advance of the event. We will do our best to fulfill requests with less than ten business days' notice.'

***Must be a registered member to participate in Claude Pepper programs and activities.**