

CITY OF LOS ANGELES  
DEPARTMENT OF RECREATION AND PARKS  
CITYWIDE AQUATICS DIVISION

# CLEVELAND AQUATICS



## SPRING 2026 PROGRAM

January 31st through May 30th

Phone: (818) 756-9798

E-mail: [cleveland.pool@lacity.org](mailto:cleveland.pool@lacity.org)

Website: [recreation.parks.lacity.gov](http://recreation.parks.lacity.gov)

8120 Vanalden Ave. Reseda, CA 91335



[clevelandpool.lacityparks](https://www.instagram.com/clevelandpool.lacityparks)

\*The classes and programs in this brochure may be subject to cancellation.\*

# Fees & Hours of Operation

**YOUTH (Ages 17 & under) \$1.00**

**ADULTS (Ages 18 - 49) \$4.00**

**ADULTS 50+ (Ages 50 & up) \$1.00**

**Persons with Disabilities (All ages) \$1.00**

**Spring 2026 - January 31 - May 30th**

## RECREATIONAL SWIM

Monday - Friday ..... 4:30 p.m. - 9:00 p.m.

Saturday & Sunday ..... 1:00 p.m. - 5:00 p.m.

## LAP SWIM

Monday- Friday..... 7:30 p.m. - 9:00 p.m.

Saturday & Sunday ..... 1:00 p.m. - 5:00 p.m.

Lap lane reservations can be made over the phone and begin at the bottom of the hour (weekdays), top of the hour (weekends). Reservations are for 1 hour.

## HOLIDAY CLOSURES

Presidents Day - Monday, February 16

Cesar Chavez Day - Monday, March 30

Memorial Day - Monday, May 25



# Available Group Lessons

# Swim Lessons

## Preschool Aquatics (Ages 3-6)

Level	Class Description
Preschool Aquatics Level 1	Children will learn how to enter and exit the water independently, submerge mouth underwater and blow bubbles for 3 seconds, glide on front for 2 body lengths then roll to back and float for 3 seconds.
Preschool Aquatics Level 2	Introduction to combined arm and leg movement on front and back
Preschool Aquatics Level 3	Continued refinement of front crawl and back crawl. Introduction to side breathing and treading water

## Learn To Swim (Ages 7 - 17)

Level	Class Description
Beginners Level 2	Participants learn to enter/exit the pool, have breath control, front/back floats, basic water safety and are introduced to Front Crawl
Advanced Beginners Level 3	Participants learn to master Front Crawl, introduction to Breaststroke kick, Sidestroke kick, and Elementary Backstroke.
Intermediate Level 4	Participants learn the Breaststroke, Back Crawl, and the Sidestroke
Swimmer Level 5	Refinement of breaststroke. Introduction to butterfly. Mastery of front and back crawl required.
Advanced Swimmer Level 6	Refine strokes so participants swim them with greater efficiency and effectiveness over longer distances.

## Adult Swimming Lessons 18 & Up

Level	Class Description
Adult - Beginner	Help participants gain basic aquatic skills and swimming strokes.
Adult - Swimmer	Improve participants' proficiency in basic aquatic skills and the six basic swimming strokes.

# Lesson Registration

## Classes & Program Information

- **No telephone registration.**
- Classes are **25 minutes** in length.
- A swim assessment is required prior to enrollment for **Levels 3 & higher**.
- Registration will be held both online and in-person.
  - Half of total class capacity will be reserved for online enrollment
- **All registrations will begin at 9:00am on the indicated date .**
- **Students who miss the first two classes will be dropped.**
- **Classes are Wednesdays & Fridays or Saturdays & Sundays**
- **Each child under the age of Seven (7) must be accompanied by an adult in the water and around the facility.**
- **Children under the age of four (4) are required to wear a swim diaper.**
- **No refunds are issued after a session has started, unless the class is cancelled by the facility.**

**Youth Lessons - \$67**

**Adult Lessons- \$67**

### Registration & Class Dates

Session	Registration Date	Class Dates
Session 1	Saturday, January 31 @ 9:00 a.m.	January 31 - February 27
Session 2	Saturday, February 28 @ 9:00 a.m.	February 28 - March 27
Session 3	Saturday, March 28 @ 9:00 a.m.	March 28 - April 24
Session 4	Saturday, April 25 @ 9:00 a.m.	April 25 - May 22

# Group Lesson Schedule



**4 Weeks / 8 Lessons**  
Wednesday & Friday

Class Time	Wednesday/Friday
4:30 p.m. - 4:55 p.m.	Level 5 Swimmer / Preschool 1 & 2
5:00 p.m. - 5:25 p.m.	Level 4 Intermediate / Adaptive Swim
5:30 p.m. - 5:55 p.m.	Level 3 Advance Beginner
6:00 p.m. - 6:25 p.m.	Level 2 Beginner
7:00 p.m. - 7:25 p.m.	Adult Beginner
7:30 p.m. - 7:55 p.m.	Level 6 Advanced Swimmer

**4 Weeks / 8 Lessons**  
Saturday & Sunday

Class Time	Saturday & Sunday
1:00 p.m. - 1:25 p.m.	Level 5 Swimmer / Adaptive Swim
1:30 p.m. - 1:55 p.m.	Level 3 Advanced Beginner / Adaptive Swim
2:00 p.m. - 2:25 p.m.	Adult Beginner
3:00 p.m. - 3:25 p.m.	Level 4 Intermediate
4:00 p.m. - 4:25 p.m.	Level 2 Beginner
4:30 p.m. - 4:55 p.m.	Level 3 Advanced Beginner

# NEWS

# Parent Child



# Parent Child

- Parent-Child lessons offer small-group instruction for children ages 6 months to 2 years.
- Helps children gain confidence in the water while preparing them for future swim lessons.
- Parents learn key water-safety skills and how to safely support their child in the water.
- All participants **MUST** wear a swim diaper. Parents required in water.
- Classes are 25 minutes in length.
- Maximum of **FIVE** participants per class.
- Registration for the 1st Series will take place **Saturday, January 31 at 9:00 AM**.
- **Not designed to teach children to be strong swimmers or to survive in the water independently.**
- **Classes begin on Saturday, January 31, 2026**

**Saturday & Sunday = \$80/ 8 Classes**

## Program Information

Class Days	Registration Date	Start Time	End Time
Saturday/Sunday	Saturday, January 31 at 9:00 AM.	3:30 p.m.	3:55 p.m.



# Tiny Tots

## Classes & Program Registration

- Tiny Tots lessons provide small group instruction for youth ages 3 to 6 years old.
- Lessons are designed for first time swimmers.
- Classes are 25 minutes in length. Thursday/Friday or Saturday/Sunday
- Instructors are in the water with students.
- Parents are NOT required to be in water.
- Maximum of FOUR participants per class.
- Registration for the 1st Series will take place **Saturday, January 31, 2026**.
- Children under the age of four (4) are required to wear a "swim diaper" or plastic pants with elastic around the waist and legs.
- Classes begin on Saturday, January 31, 2026

**Tiny Tots Price:**  
**8 classes - \$80.00**

**Registration - Session 1:**  
**January 31, 2026 @ 9:00 am**

### Tiny Tots Schedule

Level	Tuesday / Thursday	Saturday/Sunday
Starfish	4:30 p.m. 5:00 p.m. 6:30 p.m.	2:00 p.m.
Minnow	5:30 p.m.	2:30 p.m.
Seahorse	6:00 p.m.	

### Level Description

Level	Class Description
Tiny Tots - Starfish	For first time swimmers. Students will be taught to enter/exit the pool, have breath control, front/back floats and basic water safety
Tiny Tots - Minnow	Skills in Starfish are required. Opening of eyes and object retrieval underwater. Introduction of rotary arms and kicks during front and back glide
Tiny Tots - Seahorse	Skills in Minnow are required. Refinement of front crawl stroke. Introduction to side breathing.

# TEAMS OFFERED

## Artistic Swimming (Synchronized Swim Team)

- Artistic Swimming is a team sport which combines swimming, gymnastics, and ballet. Athletes demonstrate strength, performance, artistry, and acrobatics. All athletic moves are synchronized to other swimmers and music. Designed for entry-level competitors. Attendance is incredibly important due to the group performance aspect of the sport. Routines are created with each athlete performing scored portions that build on each other.

## Water Polo

- Water Polo is a close contact sport where two groups of 7 players attempt to score by throwing a ball into a goal. The sport is a combination of swimming, soccer and hockey. It is played in the deep end of the pool where players cannot stand. Designed for entry level competitors.

**Novice Team - \$50**

**Registration: Saturday, February 28, 2026 @ 9:00am**

### Team Sports Schedule

Sport	Start Time	End Time	Days
Water Polo Group A (Ages 7-12)	5:30 p.m.	6:30 p.m.	Begins: Tuesday, March 3 Ends: Friday, May 22
Water Polo Group B (Ages 13-17)	7:30 p.m.	8:30 p.m.	Begins: Tuesday, March 3 Ends: Friday, May 22
Artistic Swimming	4:30 p.m.	5:30 p.m.	Begins: Tuesday, March 3 Ends: Friday, May 22



**NOVICE TEAM SPORTS**



# PlayLA USA Swim



**PlayLA USA Swim Team is a USA Swimming sanctioned Swim Team offered by the City of Los Angeles Department of Recreation & Parks in Partnership with USA Swimming. It is designed to provide athletes, parents and coaches with enhanced training and educational resources. Athletes will be instructed by USA Swimming certified coaches to develop their competitive skills in all strokes, with enhanced workout times and dryland training.**

## Requirement:

Successful completion of Level 4 Intermediate

**Registration: Saturday, February 28 @ 9am In person only.**

## Practice:

Monday / Wednesday / Friday

6:00 p.m.-7:30 p.m.

**USA Swim Team - \$10**

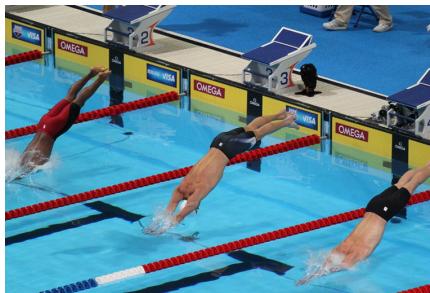
## Program Information

Registration Date

Practice Dates

Saturday, February 28, 2026 at 9:00 a.m.

Monday, March 2 - Friday, May 22



# Youth Fitness

- **Level 4: Intermediate** - Swimming competency or higher is required to enroll into this program.
- Participants continue to refine all strokes with an emphasis on increased endurance and overall fitness level.
- Great first step for athletes looking to join our USA Swim Team
- No required competitions.
- Open Registration for the 1st Series will take place **Saturday, January 31 at 9:00 AM.**
- Series and registration will follow the Swim Lesson schedule
- **Classes begin on Saturday, January 31, 2026**

**Saturday & Sunday = \$36/ 8 Classes**

## Program Information

Practice Days	Registration Date	Start Time	End Time
Saturday/Sunday	Saturday, January 31 at 9:00 AM.	4:00 p.m.	4:55 p.m.



Youth Fitness

# Pool Rules

**Pool employee interpretation of rules shall be final.**

- **Entrance is denied to:**
  - Children under seven (7) must be accompanied by an adult (within arms reach) at all times on a 1 to 1 ratio inside the facility.
  - Children under the age of four (4) without an approved "swim diaper" or plastic pants with elastic around the waist and legs.
  - Persons under the influence of alcohol or narcotics.
  - Persons with colds, coughs, nasal or eye discharges, skin eruptions, open wounds, open sores or bandages.
  - Pets.
- **Please check all your valuables with the clerk.**
- **Personal property not permitted in the swimming pool or deck area includes:**
  - Street clothes, shoes, and carrying bags of all types.
  - Floating apparatus, glass objects or containers of any kind.
  - Sports or swim equipment; scuba equipment; electronic equipment.
  - Wheeled vehicles (roller blades, bicycles, skateboards, etc...)
- **Soap showers must be taken before entering the pool area.**
- **Smoking is prohibited.**
- **Eating and/or drinking not allowed (bleacher area & pool deck).**
  - Only water and/or sports drinks in plastic containers will be allowed on the pool deck.
- **Foul or abusive language will not be tolerated.**
- **For the safety of the public there is no:**
  - Running on the pool deck.
  - Climbing, sitting on, and jumping from storage benches or guard structures.
  - Diving into shallow water.
  - Double bouncing or crowding dive structures.
  - Swimming in the diving area.
  - Horse playing on the deck or in the pool at any time. Snapping towels.
  - Participating in other dangerous practices as determined by lifesaving staff.
- **No lap swimming in recreational swim area.**
- **Hypoxic training or prolonged underwater swimming is not allowed.**
- **Do not interfere with a lifeguard rescue, or call for help unless in distress.**

## GENERAL INFORMATION

- **Clothed patrons must be seated on the bleachers if they are not swimming.**
- During recreational hours, all patrons will be asked to take a swim test before entering the deep end of the pool and using the diving board. This test will consist of two length of the pool swimming freestyle (Front Crawl), with an effective supporting kick.

**If you are a person with a disability and require accommodation to participate in a City of Los Angeles Department of Recreation and Parks program, service, or activity, requests may be made by calling the facility (facility phone number here), or 711 for CA Relay, ten days in advance of the event. We will do our best to fulfill requests with less than ten business days' notice.**

**If a participant requires a one to one aide, requests will be fulfilled within seven business days of receiving required paperwork and documentation needed to issue a Right of Entry Permit to the agency providing the aide.**

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**DEPARTMENT OF RECREATION AND PARKS**

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