

SPRING CLASSES

CLASSES START APRIL 4, 2026
REGISTRATION STARTS MARCH 9, 2026
8 TOTAL CLASSES

- \$10 Youth Classes are made possible by the LA28 Olympic and Paralympic Games.
- Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangements.
- Information is subject to change.
- No refunds or credits unless the class is canceled.
- No Class on 5/25.

SELF DEFENSE

Class	Age	Day	Time
Judo I	6-9	Tuesday	5:30 PM
Judo II	10-15	Tuesday	6:30 PM
Archery I	7-10	Tuesday	4:00 PM
Archery II	10-13	Tuesday	5:00 PM
Boxing	9-15	Saturday	8:00 AM



DANCE

Class	Age	Day	Time
Hip Hop	5-8	Thursday	5:00 PM
Hip Hop	9-15	Thursday	6:00 PM
Folklorico I	5-8	Thursday	7:00 PM
Folklorico II	9-12	Thursday	8:00 PM



GYMNASTICS

Class	Day	Time
Gymnastics (5-6)	Wednesday	5:30 PM
Gymnastics (7-8)	Wednesday	6:30 PM
Gymnastics (9-12)	Wednesday	7:30 PM



TEEN CLUB

FREE TO JOIN
REGISTER TODAY!

- Empowering LA teens through safe, supervised programs that build confidence, skills, and community connections. Join 37 teen club sites across the city.
- Tuesday-Friday 5:00PM-8:00PM
- Secure after-school centers offering tutoring assistance, creative arts, athletics, and diverse leisure programs.
- Workforce preparation courses, career discovery, and hands-on professional learning opportunities.
- Engaging educational classes that inspire teens and foster collaboration, leadership, and intellectual growth.

