

DYMALLY POOL

WINTER/SPRING 2026

January 1 - May 31



323-789-2726

Dymally.pool@lacity.org
E 88th PL Los Angeles, CA 90003



POOL RULES

Pool employee interpretation of rules shall be final.

- Entrance is denied to:
 - Children under 7 without an adult within arms reach at all times
 - Children under 4 without a swim diaper
 - Persons under the influence of alcohol or narcotics
 - Persons with colds, cough, and open wounds.
- Please check in all valuables with clerk.
- All patrons must either wear swim trunks with drawstring and netting or a bathing suit. No basketball shorts, underwear or gym clothes.
- No shirts allowed on deck or in the water. (No white rash guards are allowed.)
- Smoking is prohibited.
- Soap showers must be taken before entering the water.
- Foul or derogatory language will not be tolerated.
- No eating or drinking on deck. Only water or sports drinks in non-breakable containers.
- No running on deck
- No diving in shallow water
- No climbing, jumping or sitting on guard towers.
- No hypoxic training (extreme breath holding)
- All patrons who wish to enter deep water must pass a swim test per visit to facility.
- Kickboards and pool buoys are provided only during lap swim hours.
- Do not interfere with a lifeguard rescue.**

LESSON LEVELS

Parent Child

Parent and child are introduced to basic water safety in a comfortable environment. (ages 6 months - 2 years)

Preschool Aquatics

Parent and child are introduced to water comfortability and fundamental skills. (ages 3 years - 6 years)

Water Confidence (Level 1)

Introduction to water safety and acclimation. Floating in water and basic skills will be taught. (ages 7 years - 17 years)

Beginner (Level 2)

Participants learn alternating skills including combined arm and leg actions on front and back and swimming in chest-deep water. (ages 7 years - 17 years)

Advanced Beginner (Level 3)

Participants learn advanced skills, dolphin and scissor kicks, rotary breathing and elementary backstroke. (ages 7 years - 17 years)

Intermediate (Level 4)

Refine freestyle and elementary backstroke. Introduction to backstroke, breaststroke, sidestroke and butterfly. Turns and surface dives are also introduced. (ages 7 years - 17 years)

Swimmer (Level 5)

Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool, refine performance of all six swimming strokes. (ages 7 years - 17 years)

FEES & HOURS

Fees

Youth (17 & Under).....	\$1.00
Adults (18-49).....	\$4.00
Adults 50+.....	\$1.00
Persons with Disabilities.....	\$1.00

Lap Passes/ 30 Admissions*

Adult Lap Pass	\$88.00
Admission Pass.....	\$25.00
(For Persons w/ Disabilities and Adults 50+)	
*Accepted at all LA City Pools	

Recreational Swim & Lap Swim*

**limited lanes available*

Mondays - Closed

Tuesday - Thursday

4:30 pm - 8:00 pm

Friday - Closed

Saturday - Sunday

1:00 pm - 5:00 pm

Holiday Closures

Juneteenth

Fri June 19, 2026.....Closed

CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

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DESTINY WEBB



TEAM SPORTS

Team Registration:

Saturday, February 28, 2026 at 9am

Age 7- 17:

Age verification is required and must be on file before the first meet or the participant will not be allowed to compete.

Swim Test required prior to joining.

USA Swim Team: Tue, Wed, Thu

Dry-Land Workout: 5:00 pm - 5:30 pm
Swim Training: 5:30 pm - 7:00 pm

Cost: \$10

Artistic Swim: Tue & Wed

Swim Training: 5:00 pm - 6:30 pm
Cost: \$10

Novice Water Polo: Tue & Thu

Polo Practice: 6:00 pm - 7:00 pm
Cost: \$10

If you are a person with a disability and require accommodation to participate in a City of Los Angeles Department of Recreation and Parks program, service, or activity, requests may be made by calling Dymally Pool at (323) 789-2726, or 711 for CA Relay, ten days in advance of the event. We will do our best to fulfill requests with less than ten business days' notice. If a participant requires a one to one aide, requests will be fulfilled within seven business days of receiving required paperwork and documentation needed to issue a Right of Entry Permit to the agency providing the aide.

Register online at recreation.parks.lacity.gov

GROUP LESSONS

Youth Lessons - Tues, Wed, Thur

Beginners	4:30 pm - 4:55 pm
Adv. Beginners	5:00 pm - 5:25 pm
Intermediate	5:30 pm - 5:55 pm
Swimmers	5:30 pm - 5:55 pm

Youth Lessons - Saturday & Sunday

Water Confidence	12:00 pm - 12:25 pm
Parent Child	12:30 pm - 12:55 pm
Preschool	12:30 pm - 12:55 pm
Adult Beginner	1:00 pm - 1:25 pm
Adaptive	1:00 pm - 1:25 pm



**Swim Lessons are subject to change*

**A swim assessment is required if the participant is 7 years of age or older. Swim Lessons begin at age 3.*

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability, and upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities.



LA Parks



Instagram

SESSION & REGISTRATION DATES

Registration Dates

Session 1	January 3
Session 2	January 31
Session 3	February 28
Session 4	March 28
Session 5	April 25

Session Dates

Session 1	January 6 - January 29
Session 2	February 3 - February 26
Session 3	March 3 - March 26
Session 4	March 31 - April 23
Session 5	April 28 - May 21

Aqua Fit

Saturdays 2:00 pm-2:45 pm

Walk-in Cost: \$5 Adult
\$4 Adult 50+

A minimum of 3 participants to conduct a class. This high impact class is a calorie burning workout that utilizes muscular, cardiovascular, and aerobic conditioning. This fun exercise will help with strengthening and toning.



LESSONS

Parent Child - \$30

Youth Group Lessons - \$10

Adult Group Lessons - \$30

All lessons are on a first come, first served basis and scheduled based on staffing availability.

- Programs/Class times subject to cancellation without notice
- No telephone registration.
- Fees must be paid at the time of registration.
- Checks payable to: L.A. City Department of Recreation and Parks
- No refunds will be approved unless a series is cancelled.
- No refunds will be approved unless a series is cancelled; all refunds will be given an administration fee of 10%.
- All children under the age of 7, must be accompanied by an adult parent/guardian while on the premises and in the water.

PRIVATE LESSONS

Private (4 Lessons) - \$108.00

Semi-Private (4 Lessons) - \$160.00

**Lesson schedule is based on staff availability. Please ask to speak to a manager for scheduling.*

Tiny Tots

Saturday & Sunday: 12:00 pm- 12:25 pm

Cost: \$80 \$

Session 1 Jan 10 - Jan 31

Session 2 Feb 7 - Feb 28

Tiny Tot lesson provide children ages 3-6 years old with small group instructions. Parent/ Guardian is NOT required to be in water with child. Instructors are in water with students. **Maximum 3 participants per class.**