

**EARN**  
*Your Best Self*

## SENIOR UPLIFTMENT CLASS

Enjoy and Enhance your life  
by joining  
LawSchool Fitness Innovation  
Center for a renewing stretch  
and workout session.  
Light Massage Included.

Gentle Stretch  
Light Muscle Challenges  
Motivating Atmosphere

THANK YOU AND THANKFUL

Beginning Thursday April 2nd  
11am

Fairfax Senior Citizens Center  
7929 Melrose Ave  
Los Angeles, CA 90046

**INNOVATION**

