

CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS
FELICIA MAHOOD MULTIPURPOSE CENTER

11338 Santa Monica Blvd, LA 90025 - (310)479-4119
recreation.parks.lacity.gov/multipurpose/felicia-mahood



CLASS SCHEDULE



MONDAY

- 9am** Recipes from Iran
- 10am** Shakti Naam Chair Yoga
- 10am** Farsi to English Class
- 11am** Beginner English to Farsi Class
- 11am** Arthritis Foundation Exercise
- 1-3pm** Open Play Pickleball

TUESDAY

- 10am** Farsi Social Hour
- 10am** Floor Yoga
- 10-4pm** Women Open Card Play
- 10am** Open Computer Lab
- 11am** Arthritis Foundation Exercise
- 12pm** Beginner English

WEDNESDAY

- 9:30am** Tai Chi (45 minute class): 1st 3rd & 5th Wed. of the month
- 10am** Conversational English
- 11am** Up & Active Exercise

THURSDAY

- 9:30am** Ultra-Beginner Line Dancing
- 10am** Zumba
- 10-1pm** Sewing Lap Robes
- 10-4pm** Women Open Card Play
- 10am** Open Computer Lab
- 11am** Arthritis Foundation Exercise
- 1-3pm** Open Play Pickleball
- 1-4pm** Intermediate Mahjong

FRIDAY

- 10am** Fall Prevention Class
- 1-3pm** Open Play Pickleball
- 1-3pm** Open Play Ping Pong

MONDAY-FRIDAY

- 10-4pm** Men Open Card Play
- 1-3pm** Open Play Card/Board Games
- 11:30-1pm** JFS Lunch Program (60+)
**\$3.00 suggested donation*
**Transportation (323) 556-2927*

****All classes are 1 hour long unless listed otherwise****

CLASS PASS

**\$10/MONTH FOR ALL CLASSES
 CLASSES ARE FOR ADULTS 50+**

***CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY: (310) 479-4119, OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE.**