

TRIGGER POINT WORKSHOPS

This workshop runs 4 weeks every Wednesday starting May 13th and ending June 3rd (5/13, 5/20, 5/27, 6/3)

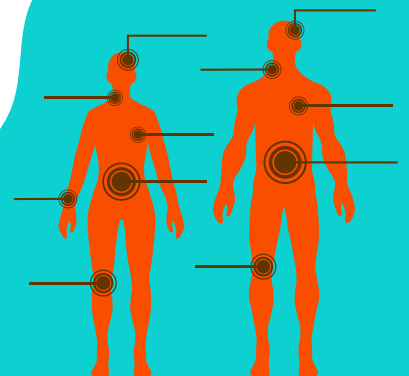
LEARN THIS METHOD FOR RELIEVING PAIN POINTS IN YOUR BODY



JEWISH FAMILY SERVICE LA



PART OF THE \$10/MONTH CLASS PASS. GET MORE INFORMATION IN THE OFFICE TODAY!



IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY: (310) 479-4119, OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE.