

MONDAY

Stretch & Balance

9:30 AM

Leader: Alicia Lumarque

Yoga

10:45 AM

Leader: George Finley

\$25 per month

Rummy Tiles

12:30 PM

Leader: Fontaine Goorwitch

Bridge

1:00 PM

Leader: Phyllis Esslinger

Memoir Writing

1st & 3rd Monday of month

1:30 PM

Leader: Stephanie Vendig

TUESDAY

Latin Dancing

10:00 AM

Leader: Maria Cambero

\$15 per month

Book Club

2nd & 3rd Tuesday of month

10:00 AM

Leader: Joneen Burrell

Hybrid

Chess

10:00 AM

Leader: Janet Yokohama

Spanish Folk Singing

12:30 PM

Leader: Stefani Rosenburg

Classic Movie Day

Every other Tuesday

12:45 PM

Leader: Mark Johnson

Art Group

1:00 PM

Leader: Kathy Metz

Folk Dancing

1:30 PM

Leader: Stefani Rosenburg

WEDNESDAY

Stretch & Balance

10:00 AM

Leader: Alicia Lumarque

Virtual

Ping Pong

11:30 AM



Hula Dancing

12:00 PM

Leader: Alicia Lumarque

Virtual

Bridge

1:00 PM

Leader: Phyllis Esslinger

Tech Talk

3rd Wednesday of month

1:00 PM

THURSDAY

Line Dancing

9:30 AM

Leader: Mike Bendavid

\$30 per month

Mah Jong

10:00 AM

Leader: Janice Osumi

Needlecraft

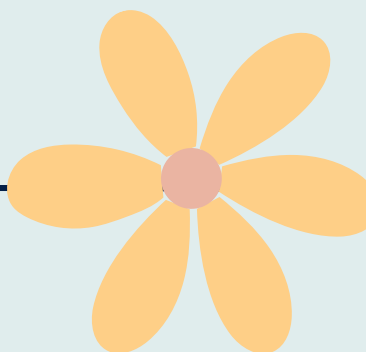
11:00 AM

Leader: Elke Allwelt Miyahara

Folk Singing

1:00 PM

Leader: Jay Smith



Lunch Program

Monday thru Friday

11:00 AM - 12:30 PM

FRIDAY

Hiking Group

9:00 AM

Leader: Fontaine Goorwitch

Hula Dancing

10:00 AM

Leader: Alicia Lumarque

Chair Yoga

10:45 AM

Leader: George Finley

Virtual

Current Events

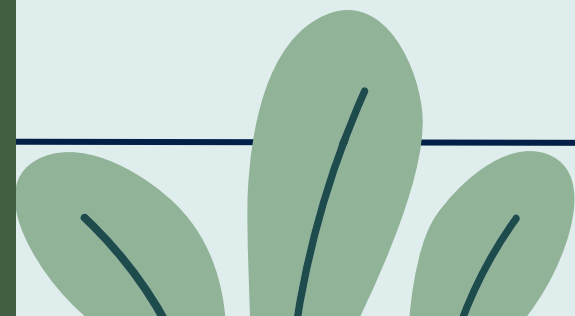
1:00 PM

Leader: Sylvia McBride

Socrates Café

1:00 PM

Leader: Peter Bonerz



CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS

Karen Bass
Mayor

Councilmember Nithya Raman
4th District

RECREATION AND PARKS COMMISSIONERS

Luis Sanchez, President
Tafarai Bayne, Vice President
Marie Lloyd, Member
Mary Rosas, Member

RECREATION AND PARKS ADMINISTRATION

Jimmy Kim
General Manager

Matthew Rudnick
Executive Officer

Chinyere Stoneham
Assistant General Manager, Recreational Services

Brenda Aguirre
Assistant General Manager, Special Operations Division

Cathie Santo Domingo
Assistant General Manager, Planning, Construction, and Maintenance Branch

RECREATION AND PARKS METRO REGION

Anita Meacham-Williams
Metro Region Superintendent

Ramon Cerrillos
Interm Principal Recreation Supervisor II

Jeran Bogle
Acting Principal Recreation Supervisor I

Cynthia Dib
Metro - Griffith Recreation Supervisor

GRIFFITH PARK ADULT COMMUNITY CENTER STAFF

Rick Swanson, Facility Director

RECREATION ASSISTANTS

Mario Arias
Manuel Garcia
Niomi Munoz

City of Los Angeles Recreation and Parks
Griffith Park Adult Community Center

3203 Riverside Dr. Los Angeles, CA 90027

Phone: (323)644-5579

Email: rap.griffithparkadultcc@lacity.org

Classes and Activities

Spring 2026

Persons with disabilities are welcome to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.