

# MONDAY

## Stretch & Balance

9:30 AM

Leader: Alicia Lumarque

# TUESDAY

## Latin Dancing

10:00 AM

Leader: Maria Cambero

\$15 per month

# WEDNESDAY

## Bingo

10:00 AM

Leader: Janet Yokohama

# THURSDAY

## Line Dancing

9:30 AM

Leader: Mike Bendavid

\$30 per month

# FRIDAY

## Hiking Group

9:00 AM

Leader: Fontaine

Goorwitch

## Yoga

10:45 AM

Leader: George Finley

\$25 per month

## Book Club

2nd & 3<sup>rd</sup> Tuesday of month

10:00 AM

Leader: Joneen Burrell

Hybrid

## Stretch & Balance

10:00 AM

Leader: Alicia Lumarque

Virtual

## Mah Jong

10:00 AM

Leader: Janice Osumi

## Hula Dancing

10:00 AM

Leader: Alicia Lumarque

## Rummy Tiles

12:30 PM

Leader: Fontaine Goorwitch

## Spanish Folk Singing

12:30 PM

Leader: Stefani Rosenberg

## Ping Pong

11:30 AM

## Needlecraft

11:00 AM

Leader: Elke Allwelt Miyahara

## Chair Yoga

10:45 AM

Leader: George Finley

Virtual

## Bridge

1:00 PM

Leader: Phyllis Esslinger

## Classic Movie Day

Every other Tuesday

12:45 PM

Leader: Mark Johnson

## Hula Dancing

12:00 PM

Leader: Alicia Lumarque

Virtual

## Folk Singing

1:00 PM

Leader: Jay Smith

## Current Events

1:00 PM

Leader: Sylvia McBride

Hybrid

## Memoir Writing

1st & 3<sup>rd</sup> Monday of month

1:30 PM

Leader: Stephanie Vendig

## Art Group

1:00 PM

Leader: Kathy Metz

## Bridge

1:00 PM

Leader: Phyllis Esslinger

## Tech Talk

3<sup>rd</sup> Thursday of month

1:00 PM

## Socrates Café

1:00 PM

Leader: Peter Bonerz

Hybrid

## Folk Dancing

1:30 PM

Leader: Stefani Rosenberg

## Lunch Program

Monday thru Friday

11:00 AM - 12:30 PM

CITY OF LOS ANGELES  
DEPARTMENT OF RECREATION AND PARKS

Karen Bass  
Mayor

Councilmember Nithya Raman  
4th District

RECREATION AND PARKS COMMISSIONERS

Renata Simril, President  
Luis Sanchez, Vice President  
Marie Lloyd, Member  
Fiona Hutton, Member  
Benny Tran, Member

RECREATION AND PARKS ADMINISTRATION

Jimmy Kim  
General Manager

Matthew Rudnick  
Executive Officer

Chinyere Stoneham  
Assistant General Manager, Recreational Services

Brenda Aguirre  
Assistant General Manager, Special Operations Division

Cathie Santo Domingo  
Assistant General Manager, Planning, Construction, and Maintenance Branch

RECREATION AND PARKS METRO REGION

Anita Meacham-Williams  
Metro Region Superintendent

Ramon Cerrillos  
Interim Principal Recreation Supervisor II

Jeran Bogle  
Acting Principal Recreation Supervisor I

Jennifer Rockwell  
Acting North Metro Recreation Supervisor

GRIFFITH PARK ADULT COMMUNITY CENTER STAFF

Rick Swanson, Facility Director

RECREATION ASSISTANTS

Mario Arias  
Manuel Garcia  
Niomi Munoz

City of Los Angeles Recreation and Parks  
**Griffith Park Adult Community Center**

3203 Riverside Dr. Los Angeles, CA 90027

Phone: (323)644-5579

Email: rap.griffithparkadultcc@lacity.org

# Classes and Activities

## Winter 2025-2026

Persons with disabilities are welcome to participate in our classes and programs. Reasonable accommodations will be made with prior arrangements. Please be aware that some accommodations may take 30 days or longer. Please submit your request for an accommodation as soon as possible.