



Learn to Kick and Punch



ages 5-12 years old

Registration Starts 3/09/2026
Class Start 4/9/2026
End after 8 sessions

Thursday Nights! POW!

Kickboxing Fundamentals

6:30 PM

Kickboxing Fundamentals
6:30 PM | 7:30 PM.

Join the fun!



KICKBOX! CARDIO!

7:30 PM

CARDIO KICKBOXING
AT 7:30- 8:30 PM

All skill levels Welcome!



IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY (3232610113), OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE. IF A PARTICIPANT REQUIRES A ONE TO ONE AIDE, REQUESTS WILL BE FULFILLED WITHIN SEVEN BUSINESS DAYS OF RECEIVING REQUIRED PAPERWORK AND DOCUMENTATION NEEDED TO ISSUE A RIGHT OF ENTRY PERMIT TO THE AGENCY PROVIDING THE AIDE. . ACTIVITY DATES AND FEES MAY BE SUBJECT TO CHANGE AND/OR CANCELLATION.

PlayLA Youth and Adaptive Youth Sports Program is made possible by the LA28 Olympic and Paralympic Games. Waivers available for those who qualify, ask for details.

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LACityParks
Come play with us on

