



CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS  
JIM GILLIAM SENIOR CITIZEN CENTER  
4000 S. LaBrea Ave Los Angeles, CA 90008 Phone: 323.291.5928

# SUMMER CLASS SCHEDULE

## MONDAY

Sewing Club 10am- 1pm

LSN Experience Class: 1:30p - 3pm

\*Please see calender inside center for details

Computer Lab 11:00AM-5:00PM

## TUESDAY

Move more chair exercise 10: 45a - 11:45a

LSN Experience Class: 1:30p - 3pm

\*Please see calender inside center for details

Computer Lab 11:00AM-5:00PM

## WEDNESDAY

The View — Jim Gilliam Style 10:30a - 12:15p

Garden Hearts Class 10:30a - 1:30p

Computer Lab 2:00PM-5:00PM

Mindful Breath & Meditation\*  
5:30PM-6:00PM

\*First Wednesday of each month

## THURSDAY

Game Day 1:00PM-3:00PM

Move more chair exercise 10: 45a - 11:45a

Pickleball Open Play 12:30PM-2:30PM

## FRIDAY

Digital Discovery  
Computer and Phones Class  
10:30AM-12:30PM

The Movie Lounge 1:00pm - 3:00p  
July 11, 18<sup>th</sup>, 25<sup>th</sup> & Aug 1<sup>st</sup>

This summer at Jim Gilliam Senior Center is all about curiosity, creativity, and connection. We're bringing the spirit of discovery to life with LSN: Learn Something New Experience Classes—a joyful invitation to explore new interests in a relaxed and welcoming way. And don't worry—we're keeping some of your favorite classes too! You can still enjoy Game Day, Chair Exercise, Computer Class, Sewing Club, and more while diving into exciting new experiences.

Please see back of flyer for details