

REGISTRATION STARTS:
3/9/26

LEMON GROVE RECREATION CENTER

4959 Lemon Grove Ave. Los Angeles, CA 90029

Phone: (323) 666-4144

Email: lemongrove.recreationcenter@lacity.org

2026 SPRING CLASSES/CLINICS

Fee: \$10 for 8 weeks/1 hr (classes)

Fee: \$10 for 3 weeks/2hrs (clinics)

City of Los Angeles Department of Recreation and Parks



CLASSES	AGES	DAY	TIME	START & END DATE
GPLA Ballet	5 - 12	Mondays	4:00PM - 5:00PM	4/6 - 6/1
Boxing/Fitness	7 - 17	Mondays	6:00PM - 7:00PM	4/6 - 6/1
Strength & Conditioning	5 - 17	Mondays	7:00PM - 8:00PM	4/6 - 6/1
GPLA Pre-Ballet 1	3 - 6	Wednesdays	3:45PM-4:45PM	4/8 - 5/27
GPLA Pre-Ballet 2	3 - 4	Wednesdays	4:30PM-5:30PM	4/8 - 5/27
Taekwondo	8 - 15	Wednesdays	5:30PM - 6:30PM	4/8 - 5/27
Karate	5 - 10	Thursdays	4:30PM - 5:30PM	4/9 - 5/28
Karate	11 - 15	Thursdays	6:00PM - 7:00PM	4/9 - 5/28
Karate	5 - 10	Fridays	4:30PM - 5:30PM	4/10 - 5/29
Karate	11 - 15	Fridays	6:00PM - 7:00PM	4/10 - 5/29
Zumba	5 - 17	Fridays	7:00PM - 8:00PM	4/10 - 5/29
CLINICS	AGES	DAY/DATES	TIME	DATES
Karate	5 - 10	Thursdays	4:30PM - 5:30PM	6/4 - 6/18
Karate	11 - 15	Thursdays	6:00PM - 7:00PM	6/4 - 6/18
Karate	5 - 10	Fridays	4:30PM - 5:30PM	6/5 - 6/18
Karate	11 - 15	Fridays	6:00PM - 7:00PM	6/5 - 6/18

REGISTER HERE



*No classes/clinics 5/25 and 6/19 due to Holiday (park closed)



@lemongroverc

"ACHIEVING GENDER EQUITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS."

"PERSONS WITH DISABILITIES ARE WELCOMED TO PARTICIPATE IN OUR CLASSES AND PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER, SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE."

FIRST COME, FIRST SERVED.

THE CLASSES AND PROGRAMS IN THIS FLYER MAY BE SUBJECT TO CANCELLATION WITHOUT NOTICE. NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE RECREATION CENTER.

**COMIENZA EL REGISTRO:
3/9/26**

CENTRO RECREATIVO LEMON GROVE

4959 Lemon Grove Ave. Los Angeles, CA 90029

Teléfono: (323) 666-4144

Correo: lemongrove.recreationcenter@lacity.org



**PRIMAVERA 2026
CLASES/CLÍNICAS**

Tarifa: \$10 por 8 semanas/1 hora (clases)

Tarifa: \$10 por 3 semanas/2 horas (clínicas)



REGÍSTRESE AQUÍ



CLASES	EDAD	DIA	TIEMPO	FECHAS
GPLA Ballet	5 - 12	Mondays	4:00PM - 5:00PM	4/6 - 6/1
Boxing/Fitness	7 - 17	Mondays	6:00PM - 7:00PM	4/6 - 6/1
Strength & Conditioning	5 - 17	Mondays	7:00PM - 8:00PM	4/6 - 6/1
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Karate	11 - 15	Fridays	6:00PM - 7:00PM	4/10 - 5/29
Zumba	5 - 17	Fridays	7:00PM - 8:00PM	4/10 - 5/29
CLÍNICAS	EDAD	DIA/FECHAS	TIEMPO	FECHAS
Karate	5 - 10	Thursdays	4:30PM - 5:30PM	6/4 - 6/18
Karate	11 - 15	Thursdays	6:00PM - 7:00PM	6/4 - 6/18
Karate	5 - 10	Fridays	4:30PM - 5:30PM	6/5 - 6/18
Karate	11 - 15	Fridays	6:00PM - 7:00PM	6/5 - 6/18

*No hay clases/clínicas el 5/25 y 6/19 debido a Feriados (parque cerrado)



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"LOGRAR LA EQUIDAD DE GÉNERO A TRAVÉS DE UN COMPROMISO CONTINUO CON LAS NIÑAS Y MUJERES EN EL DEPORTE".
 "LAS PERSONAS CON DISCAPACIDADES SON BIENVENIDAS A PARTICIPAR EN NUESTRAS CLASES Y PROGRAMAS. SE HARÁN ADAPTACIONES RAZONABLES CON ARREGLOS PREVIOS. TENGA EN CUENTA QUE ALGUNAS ADAPTACIONES PUEDEN TARDAR 30 DÍAS O MÁS; ENVÍE SU SOLICITUD DE ADAPTACIÓN LO ANTES POSIBLE".

EL PRIMERO EN LLEGAR ES EL PRIMERO EN SER ATENDIDO.
 LAS CLASES Y PROGRAMAS DE ESTE FOLLETO PUEDEN ESTAR SUJETOS A CANCELACIÓN SIN PREVIO AVISO.
 NO SE EMITIRÁN REEMBOLSOS A MENOS QUE EL CENTRO DE RECREACIÓN CANCELE EL PROGRAMA.