



# 2026 WINTER SPIN CYCLE CLASS FOR CLASS

**REGISTRATION OPENS 12/8/25**

**CLASSES BEGIN 1/16/26**

**FRIDAYS / 6:00PM**

**AGES 5-17**

**8 WEEK SESSION, 1 HOUR CLASS  
LEARN TO USE A SPIN CYCLE AND  
GET SOME EXCERCISE!**

**ACHIEVING GENDER EQUALITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS.**

**IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY (323) 290-3141, OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE.**

**IF A PARTICIPANT REQUIRES A ONE TO ONE AIDE, REQUESTS WILL BE FULFILLED WITHIN SEVEN BUSINESS DAYS OF RECEIVING REQUIRED PAPERWORK AND DOCUMENTATION NEEDED TO ISSUE A RIGHT OF ENTRY PERMIT TO THE AGENCY PROVIDING THE AIDE.**

**Made possible by the LA28 Olympic and Paralympic Games**



**OBAMA SPORTS COMPLEX AT RANCHO CIENEGA**

**5001 OBAMA BLVD., LOS ANGELES, CA 90016**

**(323) 290-3141**

**RANCHOCIENEGA.SPORTSCENTER@LACITY.ORG**

