

City of Los Angeles
 Department of Recreation & Parks
 Mid-Valley Senior Citizen Center
 8801 Kester Ave. Panorama City, Ca. 91402
 818-892-0892

2025 December



HAPPY HOLIDAYS

Monday Tuesday Wednesday Thursday Friday

1 Social Hour & Coffee
 9:00 AM - 10:30 AM
Tai Chi
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

2 Social Hour & Coffee
 9:00 AM - 10:30 AM
Ballet Folklorico Cardio
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

3 Social Hour & Coffee
 9:00 AM - 10:30 AM
Low Impact Chair Exercise
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

4 Social Hour & Coffee
 9:00 AM - 10:30 AM
Loteria
 10:30 AM - 11:30 AM
 12:00 PM - 3:30 PM

5 Social Hour & Coffee
 9:00 AM - 10:30 AM
Cooking Class
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

8 Social Hour & Coffee
 9:00 AM - 10:30 AM
Tai Chi
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

9 Social Hour & Coffee
 9:00 AM - 10:30 AM
Ballet Folklorico Cardio
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

10 Social Hour & Coffee
 9:00 AM - 10:30 AM
Low Impact Chair Exercise
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

11 Social Hour & Coffee
 9:00 AM - 10:30 AM
Loteria
 10:30 AM - 11:30 AM
 12:00 PM - 3:30 PM

12 Social Hour & Coffee
 9:00 AM - 10:30 AM
Cooking Class
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

15 Social Hour & Coffee
 9:00 AM - 10:30 AM
Tai Chi
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

16 Social Hour & Coffee
 9:00 AM - 10:30 AM
Ballet Folklorico Cardio
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

17 Social Hour & Coffee
 9:00 AM - 10:30 AM
Low Impact Chair Exercise
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

18 Social Hour & Coffee
 9:00 AM - 10:30 AM
Birthday/Holiday Party.
 11:30 AM - 1:00 PM
Aurora: Senior Information
 11:30 AM - 12:00 PM
Loteria
 10:30 AM - 11:30 AM
 1:00 PM - 3:30 PM

19 Social Hour & Coffee
 9:00 AM - 10:30 AM
Cooking Class
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

22 Social Hour & Coffee
 9:00 AM - 10:30 AM
Tai Chi
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

23 Social Hour & Coffee
 9:00 AM - 10:30 AM
Ballet Folklorico Cardio
 10:30 AM - 11:30 AM
Christmas Party/Entertainment
 11:30 AM - 1:00 PM
Loteria
 1:00 PM - 3:30 PM

24 Social Hour & Coffee
 9:00 AM - 10:30 AM
Low Impact Chair Exercise
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

25 CLOSED
Christmas

26 Social Hour & Coffee
 9:00 AM - 10:30 AM
Cooking Class
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

29 Social Hour & Coffee
 9:00 AM - 10:30 AM
Tai Chi
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

30 Social Hour & Coffee
 9:00 AM - 10:30 AM
Ballet Folklorico Cardio
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

31 Social Hour & Coffee
 9:00 AM - 10:30 AM
Low Impact Chair Exercise
 10:30 AM - 11:30 AM
Loteria
 12:00 PM - 3:30 PM

Vic Meal Program Served Monday to Friday
11:30 AM - 12:00 PM
First come first served basis

HAPPY HOLIDAYS

BIRTHDAY CELEBRATION on
Thursday
12/18/2025
&
Christmas Party
12/23/2025

Happy Birthday

Norma Gonzalez 12/2
 Griselda De La Cruz 12/3
 Ursula Velez 12/9
 Maria Flores 12/27
 Norma Malabanon 12/29

The most wonderful time of the year.

Wishing you all the best this holiday season!
 Happy holidays from
 Mid-Valley Senior Citizen Center

ALL PROGRAMS SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE

Wishing you
PEACE AND JOY!