



City of Los Angeles, Dept. Recreations and Parks
Pan Pacific Senior Activity Center
 141 S. Gardner St., Los Angeles, CA 90036
 Tel: (323)935-5705 Email: panpacific.seniorcenter@lacity.org



Fall Program runs from 10/6/25-thru 12/29/25



Join Us Every 2nd
 & 4th Tuesday
 of the Month!

FREE FOR PPSAC
 MEMBERS

12:30PM to 1:15PM

VIRTUAL CHAIR FITNESS

FOR ACTIVE ADULTS AGES 50+

LET'S MOVE FROM THE
 COMFORT OF OUR CHAIR!

FOLLOW US ON INSTAGRAM &
 TIKTOK! @PANPACIFICSAC!



No Class on October 28th



NOTE: FIRST COME FIRST SERVED BASIS. IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY AT (323)935-5705, OR 711 FOR CARELINE. TEN DAYS IN ADVANCE OF THE EVENT, WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE. IF A PARTICIPANT REQUIRES A ONE-TO-ONE AIDE, REQUESTS WILL BE FULFILLED WITHIN SEVEN BUSINESS DAYS OF RECEIVING REQUIRED PAPERWORK AND DOCUMENTATION NEEDED TO ISSUE A RIGHT OF ENTRY PERMIT TO THE AGENCY PROVIDING THE AIDE. PROGRAMS AND CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELED BY THE SENIOR CENTER.

