



# CLASSES AT A GLANCE



REGISTRATION BEGINS: MARCH 9TH, 2025

GO TO OUR WEBSITE AT [WWW.LAPARKS.ORG/RECCENTER/RESEDA](http://WWW.LAPARKS.ORG/RECCENTER/RESEDA) TO ENROLL ONLINE! OR COME IN PERSON TO SIGN UP!



SPRING 2026



SCAN THE CODE TO REGISTER

All information in this brochure is subject to change or cancellation

	CLASS NAME	AGE	TIME	START DATE	FEE	LOCATION	
MONDAYS	AIKIDO	7-10	6PM-7PM	April 6- June 1	\$10	DANCE ROOM	
	Soccer	6-8	5:30PM-6:30PM	April 6- June 1	\$10	FIELD	
	Soccer	9-12	6:30PM-7:30PM	April 6- June 1	\$10	FIELD	
	Girls Only Soccer	6-8	5:30PM-6:30PM	April 6- June 1	\$10	FIELD	
	Girls Only Soccer	9-12	6:30PM-7:30PM	April 6- June 1	\$10	FIELD	
TUESDAYS	BEG. ADULT TENNIS	18+	9:30AM - 10:30AM	APRIL 7- MAY 26	\$60	TENNIS COURT	
	ADULT BOXING	18+	11:00AM - 12:00PM	APRIL 7- MAY 26	\$50	DANCE ROOM	
	GIRLS ONLY BASKETBALL	5-6	6PM-7PM	APRIL 7- MAY 26	\$10	SMALL BASKETBALL COURT	
	GIRLS ONLY BASKETBALL	7-8	7PM-8PM	APRIL 7- MAY 26	\$10	SMALL BASKETBALL COURT	
	OUTDOOR BASKETBALL ROOKIES	5-6	6PM-7PM	APRIL 7- MAY 26	\$10	SMALL BASKETBALL COURT	
	OUTDOOR BASKETBALL PEEWEES	7-8	7PM-8PM	APRIL 7- MAY 26	\$10	SMALL BASKETBALL COURT	
	INTRO TO TUMBLING	5-6	5PM-6PM	APRIL 7- MAY 26	\$10	DANCE ROOM	
WEDNESDAYS	AIKIDO	11-15	6PM-7PM	April 8- May 27	\$10	DANCE ROOM	
	BEGINNER TENNIS	5-7	5PM-6PM	April 8- May 27	\$10	TENNIS COURT	
	BEGINNER TENNIS	8-10	6PM-7PM	April 8- May 27	\$10	TENNIS COURT	
	GIRLS ONLY BEGINNER TENNIS	8-11	7PM-8PM	April 8- May 27	\$10	TENNIS COURT	
	TRACK & FIELD	7-12	3:45PM-4:45PM	April 8- May 27	\$10	SMALL BASKETBALL COURT	
THURSDAYS	FABRIC PAINTING	SR.	9AM-12PM	April 9	\$1	REC ROOM	
	TAI CHI	18+	6PM-8PM	April 9	\$80	DANCE ROOM	
FRIDAYS	BEG. TENNIS	11-15	5:30PM-6:30PM	April 10- May 29	\$10	TENNIS COURT	
	INTERMEDIATE TENNIS	12-15	6:30PM-7:30PM	April 10- May 29	\$10	TENNIS COURT	
	ADULT BEG. - INTERMEDIATE TENNIS	18+	7:30PM - 8:30PM	April 10- May 29	\$60	TENNIS COURT	
	BOXING	7-12	4PM-5PM	April 10- May 29	\$10	DANCE ROOM	
MON-FRI	CARDIO DANCE	18+	9:15AM-10:30AM	ONGOING	\$20 MONTHLY	DANCE ROOM	
SAT			9:00AM-10:00AM				
MON, WED	ADULT AIKIDO	18+	7PM-8PM	ONGOING	\$70 MONTHLY		DANCE ROOM
SAT			10AM-11AM				

ALL INFORMATION / ACTIVITIES ARE SUBJECT TO CHANGE AND/OR CANCEL WITHOUT NOTICE. THERE ARE NO REFUNDS UNLESS THE CLASS IS CANCELED BY THE RECREATION CENTER. LA IS HOSTING THE 2028 OLYMPICS / PARALYMPICS. THROUGH THE PLAYLA PROGRAM, YOUTH OF ALL ABILITIES WILL HAVE THE OPPORTUNITY TO ACCESS TO QUALITY SPORTS AVAILABLE FROM THEIR LOCAL NEIGHBORHOOD RECREATION CENTER. PLAYLA WELCOMES ALL YOUTH FOR ONLY \$10 PER REGISTRATION TO ELIMINATE ECONOMIC BARRIERS AND PROMOTE RECREATION THAT IS INCLUSIVE OF ALL COMMUNITIES IN LOS ANGELES. "ACHIEVING GENDER EQUITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS." INFORMATION ON THIS FLYER IS SUBJECT TO CHANGE OR CANCELLATION WITHOUT PRIOR NOTICE. PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR CLASSES AND PROGRAMS... IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY (818-881-3882), OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE. IF A PARTICIPANT REQUIRES A ONE TO ONE AIDE, REQUESTS WILL BE FULFILLED WITHIN SEVEN BUSINESS DAYS OF RECEIVING REQUIRED PAPERWORK AND DOCUMENTATION NEEDED TO ISSUE A RIGHT OF ENTRY PERMIT TO THE AGENCY PROVIDING THE AIDE.