



CITY OF LOS ANGELES - DEPARTMENT OF RECREATION AND PARKS
SOUTH SEAS HOUSE RECREATION CENTER
 2301 W. 24TH ST. LOS ANGELES, CA 90018
 PHONE: (323)373-9483 / RAP.SOUTHSEASHOUSE@LACITY.ORG



~~\$80~~
\$70*
 PER CLASS/
 PER CHILD
*DISCOUNTED PRICE IS DUE TO LA28 GRANTS THAT SUPPORT YOUTH SPORTS PROGRAMS THROUGH THE CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS VIA THE PLAY LA INITIATIVE



SPRING 2026 YOUTH SPORTS CLASSES AND CLINICS
REGISTRATION BEGINS: MONDAY, MARCH 9, 2026 @ 9:00AM

CLASS NAME	AGES	TIME	LOCATION
MONDAYS: 4/6/26 - 6/1/26			
Ultimate Frisbee	5 - 12	4:00 p.m. - 5:00 p.m.	Annex
Self Defense	5 - 12	5:00 p.m. - 6:00 p.m.	SSH Backyard
TUESDAYS: 4/7/26 - 5/26/26			
Kickball	5 - 12	4:00 p.m. - 5:00 p.m.	Annex
World of Sports - Conditioning	5 - 12	5:00 p.m. - 6:00 p.m.	SSH Backyard
WEDNESDAYS: 4/8/26 - 5/27/26			
Dodgeball	5 - 12	4:00 p.m. - 5:00 p.m.	Annex
Strength Training	5 - 12	5:00 p.m. - 6:00 p.m.	SSH Backyard
THURSDAYS: 4/9/26 - 5/28/26			
Handball	5 - 12	4:00 p.m. - 5:00 p.m.	Annex
Boxing Beginners	5 - 12	5:00 p.m. - 6:00 p.m.	SSH Backyard
FRIDAYS: 4/10/26 - 5/29/26			
Playground Parkour	5 - 12	4:00 p.m. - 5:00 p.m.	Playground
Boxing Beginners	5 - 12	5:00 p.m. - 6:00 p.m.	Annex
SATURDAYS: 4/11/26 - 5/30/26			
Little Tykes Kickball	3 - 5	9:00 a.m. - 10:00 a.m.	Annex
Little Sluggers Baseball	3 - 5	10:00 a.m. - 11:00 a.m.	Annex
Baseball Fundamentals	5 - 12	10:00 a.m. - 11:00 a.m.	Benny Potter Park
Yoga Fundamentals	5 - 12	10:00 a.m. - 11:00 a.m.	SSH Living Room
Volleyball Skills	5 - 12	11:00 a.m. - 12:00 p.m.	Annex
GPLA Cheer	5 - 12	11:00 a.m. - 12:00 p.m.	SSH Living Room
GPLA Modern Hip Hop Dance	5 - 12	12:00 p.m. - 1:00 p.m.	SSH Living Room
Softball Skills	5 - 12	12:00 p.m. - 1:00 p.m.	Annex
YOUTH SPORT CLINICS			
Boxing Skills	5 - 12	Wed. 4:00 p.m. - 6:00 p.m. 4/15/26, 4/22/26, 4/29/26	Annex
GPLA Boxing Skills	5 - 12	Wed. 4:00 p.m. - 6:00 p.m. 5/6/26, 5/13/26, 5/20/26	Annex
Baseball Skills	5 - 12	Thu. 4:00 p.m. - 6:00 p.m. 4/9/26, 4/16/26, 4/23/26	Annex
GPLA Softball Skills	5 - 12	Thu. 4:00 p.m. - 6:00 p.m. 4/30/26, 5/7/26, 5/14/26	Annex
Volleyball Skills	5 - 12	Fri. 4:00 p.m. - 6:00 p.m. 4/10/26, 4/17/26, 4/24/26	Annex
GPLA Volleyball Skills	5 - 12	Fri. 4:00 p.m. - 6:00 p.m. 5/1/26, 5/8/26, 5/15/26	Annex

LIMITED SPACE IS AVAILABLE! REGISTER AT: WWW.LAPARKS.COM/RECCENTERSSSH

ALL PROGRAMS ARE SUBJECT TO CHANGE OR CANCELLATION. ACHIEVING GENDER EQUALITY THROUGH A CONTINUOUS COMMITMENT TO GIRLS AND WOMEN IN SPORTS. PROGRAMS ARE OFFERED ON A FIRST-COME, FIRST-SERVED BASIS. IF YOU ARE A PERSON WITH A DISABILITY AND REQUIRE ACCOMMODATION TO PARTICIPATE IN A CITY OF LOS ANGELES DEPARTMENT OF RECREATION AND PARKS PROGRAM, SERVICE, OR ACTIVITY, REQUESTS MAY BE MADE BY CALLING THE FACILITY (323) 373-9483 OR 711 FOR CA RELAY, TEN DAYS IN ADVANCE OF THE EVENT. WE WILL DO OUR BEST TO FULFILL REQUESTS WITH LESS THAN TEN BUSINESS DAYS' NOTICE. IF A PARTICIPANT REQUIRES A ONE TO ONE AIDE, REQUESTS WILL BE FULFILLED WITHIN SEVEN BUSINESS DAYS OF RECEIVING REQUIRED PAPERWORK AND DOCUMENTATION NEEDED TO ISSUE A RIGHT OF ENTRY PERMIT TO THE AGENCY PROVIDING THE AIDE. PROGRAMS AND CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION WITHOUT NOTICE. NO REFUNDS WILL BE ISSUED UNLESS THE PROGRAM IS CANCELLED BY THE RECREATION CENTER.