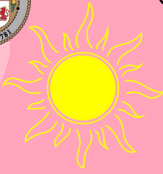




CITY OF LOS ANGELES - DEPARTMENT OF RECREATION AND PARKS



Sunland Recreation Center

8651 Foothill Blvd., Sunland, CA 91040 | (818) 352-5282 | sunland.recreationcenter@lacity.org



PARENT & ME

MONDAYS

5-6 pm
@ Clubhouse

AGES:
1-4 years
old

\$40

Includes: eight
45-minute
sessions

**REGISTRATION
BEGINS MONDAY,
DECEMBER 8TH**



SESSION: JANUARY 12 - MARCH 16

**NO CLASSES ON
JANUARY 19 & FEBRUARY 16**

Our Parent & Me class offers structured, hands-on learning for children ages 1-4. Throughout the eight, 45-minute sessions, activities include music and movement, story time, sensory play, guided art, and early-learning games that build language, cognitive thinking, and motor skills. Parents participate alongside their child in a supportive environment that encourages bonding and real-time learning.