

IMPORTANT DATES

In-person registration and online registration through reg.laparks.org will begin at 9 am on the day of registration.

***Programs and classes subject to change.**

GROUP LESSON - REGISTRATION DATES

Session 1	Saturday, January 03, 2026
Session 2	Saturday, January 31, 2026
Session 3	Saturday, February 28, 2026
Session 4	Saturday, March 28, 2026
Session 5	Saturday, April 25, 2026

GROUP LESSON - SESSION DATES

Session 1*	January 06 - January 30, 2026
Session 2*	February 03 - February 27, 2026
Session 3*	March 03 - March 27, 2026
Session 4*	March 31 - April 24, 2026
Session 5*	April 28 - May 22, 2026

PRIVATE LESSONS

***IN PERSON REGISTRATION ONLY
(25 MINUTES PER LESSON)**

Days	Class	Registration
Sat.	Jan 10 - Jan 31	January 03, 2026
Sat.	Feb 07 - Feb 28	January 31, 2026
Sat.	April 04 - Apr 25	March 28, 2026
Sat.	May 02 - May 23	April 25, 2026

Saturdays between 8 am - 12 pm

**Scheduled based on staffing availability.*

No makeup classes allowed.

PRICING

Tiny Tots - \$80
Youth Group Lessons - \$67
Adult Group Lessons - \$67
Private Lessons (set of 4) - \$108
Semi-Private (set of 4) - \$160

No telephone registration.

Fees must be paid at the time of registration.

Checks payable to: *City of L.A. Dept. of Rec. & Parks*

No refunds will be approved unless a series is cancelled.

If approval is given, refunds will be assessed an administrative fee of 10%.

Children ages 3 and under must wear a swim diaper.

All children under the age of 7, must be accompanied by an adult parent/guardian in the water at a one to one ratio.

GROUP LESSONS

*Preschool / Tiny Tots: 3yrs. - 6yrs. Preschool
(parent must be in the water with child)

YOUTH LESSONS

TUE / THU

Tiny Tots	4:00 pm - 4:25 pm
Preschool	4:30 pm - 4:55 pm
Lvl 1: Water Confidence	4:30 pm - 4:55 pm
Lvl 2: Beginner	5:00 pm - 5:25 pm
Lvl 3: Advanced Beginner	5:00 pm - 5:25 pm
Lvl 4: Intermediate	5:30 pm - 5:55 pm
Lvl 5: Swimmer	5:30 pm - 5:55 pm
Adaptive	6:00 pm - 6:25 pm

WED / FRI

Tiny Tots	4:00 pm - 4:25 pm
Preschool	4:30 pm - 4:55 pm
Lvl 1: Water Confidence	4:30 pm - 4:55 pm
Lvl 2: Beginner	5:00 pm - 5:25 pm
Lvl 3: Advanced Beginner	5:00 pm - 5:25 pm
Lvl 4: Intermediate	5:30 pm - 5:55 pm
Lvl 5: Swimmer	5:30 pm - 5:55 pm
Adaptive	6:00 pm - 6:25 pm

ADULT LESSONS

TUE / THU

Beginner	8:00 am - 8:25 am
Intermediate	8:30 am - 8:55 am

Beginner	6:00 pm - 6:25 pm
Intermediate	6:30 pm - 6:55 pm

WED / FRI

Beginner	8:00 am - 8:25 am
Intermediate	8:30 am - 8:55 am

Beginner	6:00 pm - 6:25 pm
Intermediate	6:30 pm - 6:55 pm

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As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability and, upon request, will provide reasonable accommodation to ensure equal access to its programs, services and activities.

TEAM SPORTS

TUE -FRI

Team Registration: Saturday February 28, 2026

USA Swim/Polo Season: March 3 - May 22

Artistic Team Season: March 3 - May 22

Participants must be 7-17 years old and have passed Level 4 (Intermediate)

Artistic Swim / Cost: \$50.00

Practice: 3:30 pm - 5:00 pm

USA Swim Team / Cost: \$10.00

Practice: 5:00 pm - 5:30 pm (Dryland)

5:30 pm - 7:00 pm (Swim Practice)

USA Water Polo / Cost: \$10.00 (Invite Only)

In-Person and Photo ID required

Tuesday / Thursday

Practice: 5:00 pm - 7:00 pm Ages: 12u & 14u

Wednesday / Friday

Practice: 5:00 pm - 7:00 pm Ages: 16u & 18u

PROGRAMS

Level 6 (Youth Aquatic Fitness)

Tuesday - Friday: 4:00 pm - 4:45 pm

Cost: \$55 for 10 classes, or \$6 per class

Adult Lap Swim Fitness (18+)Practice:

Tuesday - Friday: 7:00am - 7:45am

Cost: \$55 for 10 classes or \$6 per class

Adult Water Polo (Self-Directed) 18+

Wednesday: 7:30pm - 9:00 pm

Cost: \$6 per participant, limited to 24 participants

Adult BOGAFit

Sunday: 11:00 am - 11:45 am

Cost: \$55 for 10 classes, or \$6 per class

Aqua Fit (Aquacise)

Monday - Saturday: 12:30 pm - 1:15 pm

Cost: \$55 series, or \$6 per class (Adults 18-49)

\$45 series, or \$5 per class (Adults 50+)

FEES & HOURS

One-Time Entry

Youth (17 & Under): \$1.00

Adults (18-49): \$4.00

Adults (50+): \$1.00

Persons with Disabilities (All Ages): \$1.00

Multiple-Use Passes

Adult Lap Pass - \$88.00 for 30 Admissions

Admission Pass - \$25.00 for 30 Admissions

(Admission Pass for Children, Persons
w/ Disabilities and Adults 50+)

**Cash only, please have EXACT change*

LAP SWIM HOURS

Tuesday - Friday

6 am - 10 am

12 pm - 9 pm

Saturday

9 am - 5 pm

Sunday & Monday

12 pm - 5 pm

RECREATIONAL SWIM HOURS

Tuesday - Friday

12 pm - 9 pm

Sat / Sun / Mon

12 pm - 5 pm

DIVING BOARD HOURS

Tuesday - Friday

12 pm - 3 pm

Tue / Thu / Fri

7 pm - 9 pm

Sat / Sun / Mon

12 pm - 5 pm

WADING POOL

**closed for the off-season*

HOLIDAY CLOSURES

Thursday January 01

Pool Closed

Monday January 19

Pool Closed

Monday February 16

Pool Closed

Monday March 30

Pool Closed



CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

GENERAL MANAGER

JIMMY KIM

EXECUTIVE OFFICER

MATTHEW RUDNICK

BOARD OF COMMISSIONERS

RENATA SIMRIL - PRESIDENT

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PRINCIPAL RECREATION SUPERVISOR I

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AQUATIC FACILITY MANAGER I

JOSEPH CROSWHITE

CARLO GEROMETTA



VAN NUYS SHERMAN OAKS AQUATIC CENTER

WINTER / SPRING 2026

JANUARY 1 - MAY 23

14201 Huston St. Sherman Oaks, CA 91423

(818) 783 6721 | vnso.pool@lacity.org

@vnso.pool.lacityparks