



City of Los Angeles Department of Recreation & Parks  
**WESTWOOD RECREATION CENTER**

# Spring 2026 **VOLLEYBALL**

**COREC & GIRLS**



**AGES: 9-12**  
**\$100**

**REGISTRATION BEGINS**



**February 2nd**  
**Online or in person at 9AM**

[LaParks.org/reccenter/westwood](https://LaParks.org/reccenter/westwood)

# ADDITIONAL INFORMATION - SPRING SPORTS



Thank you for registering your child for our PlayLA Co-Rec and GPLA sports leagues. The goals of our youth sports leagues are not intended to be high pressured or fiercely competitive, rather we want to focus on providing each participant with an instructional and rewarding experience that aims to target and enhance new and previous talents. Please note the following information so you are prepared for the season.

**REGISTRATION:** You can register online or in-person until all spots are filled. Registration is \$100/per player which includes the uniform (jersey and shorts) and an award at the end of the season. Registration will be on February 2<sup>nd</sup> at 9:00am online and in-person.

**MANDATORY EVALUATIONS:** Your child must attend their evaluation for team placement. Reminder emails will be sent one (1) week before your evaluation date.

**TEAM ASSIGNMENT:** All teams will be drafted by staff and/or volunteers. **Only siblings in the same household will be on the same team if they are in the correct age division.** You may notify staff of team request at the evaluation; however **there are NO GUARANTEES for special request.** You will receive an email for your team assignment no later than March 29<sup>th</sup> by 9:00pm. There will be no team switches.

**PRACTICES:** All practices will begin the week of March 30<sup>th</sup>. Your practice time will be posted on your team assignment email. Majority of practices will be during the week after 4:00pm, although practices are based on volunteer availability. Please join your team's telegram group chat for updates from your coach.

**GAMES:** All games will begin the week of April 6<sup>th</sup> and will end with an award ceremony after their last game on May 30<sup>th</sup>.

**UNIFORMS/EQUIPMENT:** Your child will receive a jersey and shorts from their coach at the practice before games begin. Please note that due to long delivery times, sizes are estimated when ordered and we do our best to hand out uniforms from tallest to smallest players. We will provide all sports balls but players are welcome to bring their own ball. Players should bring 1-2 bottles of water to remain hydrated during practices/games. If outdoors, wear sunscreen and hats as needed. We recommend the following equipment for your specific sport league.

Division	Year Born	Evaluation	Practice Day (one day)
<b>CO-REC</b>			
Minors	'16 -'17	Tues 3/17 @ 5pm	Tue/Thurs
Majors	'14 -'15	Tues 3/17 @ 6pm	Tue/Thurs
Juniors	'11 -'13	Tues 3/17 @ 7pm	Tue/Thurs
<b>GIRLS</b>			
Minors	'16 -'17	Tues 3/17 @ 5pm	Tue/Thurs
Majors	'14 -'15	Tues 3/17 @ 6pm	Tue/Thurs
Juniors	'11 -'13	Tues 3/17 @ 7pm	Tue/Thurs

**If you are interested in coaching fill out the form below**



Tentative Practice Schedule (Subject to Change)
<b>Volleyball</b>
Tuesdays/Thursdays <b>Between 4pm-9:30pm</b> <b>Games: Saturdays</b>

Supplies	Volleyball
Parent / Player Provides	Knee Pads (Suggested)
Park will provide	Balls