

# POOL RULES

## Pool employee interpretation of rules shall be final.

- Entrance is denied to:
  - Children under 7, unless accompanied by an adult on a one to one ratio.
  - Children under 4 without a swim diaper
  - Persons under the influence of alcohol or narcotics
  - Persons with colds, cough, and open wounds.
  - Pets unless they're an appropriate service animal.
- Please check in all valuables with clerk.
- All patrons must either wear swim trunks with drawstring and netting or a bathing suit. No basketball shorts, underwear or gym clothes.
- No shirts allowed on deck or in the water. (No white rash guards are allowed.)
- Smoking or Vaping is prohibited.
- Soap showers must be taken before entering the water.
- Foul or derogatory language will not be tolerated.
- No eating or drinking on deck. Only water or sports drinks in non-breakable containers will be allowed on deck.
- No running on deck
- No diving in shallow water
- No climbing, jumping or sitting on guard towers.
- No hypoxic training (extreme or prolonged breath holding)
- All patrons who wish to enter deep water must pass a swim test per visit to facility.
- Do not interfere with a lifeguard rescue, or call for help unless in distress.

# LESSON

## Preschool Aquatics

Children must be accompanied by an adult. Parent and child are introduced to basic water safety in a comfortable environment.

## Water Confidence (Level 1)

Introduction to water safety and acclimation. Floating in water and basic skills will be taught. Kicking, breathing, and alternate arm action techniques are introduced as well as entering and exiting pool on their own.

## Beginner (Level 2)

Participants learn alternating skills including combined arm and leg actions on front and back and swimming in chest-deep water.

## Advanced Beginner (Level 3)

Participants learn advanced skills, dolphin and scissor kicks, rotary breathing, and progressive skills leading to diving, freestyle and elementary backstroke.

## Intermediate (Level 4)

Refine freestyle and elementary backstroke. Introduction to backstroke, breaststroke, sidestroke and butterfly. Turns and surface dives are also introduced.

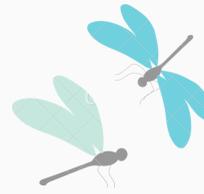
## Swimmer (Level 5)

Refine strokes and improve conditioning. Learn additional aquatic skills such as surface dives, flip turns, and improve diving into the pool, refine performance of all six swimming strokes.

# FEES & HOURS

## Fees

Youth (17 & Under): \$1.00  
 Adults (18-49): \$4.00  
 Adults 50+: \$1.00  
 Persons with Disabilities: \$1.00



Adult Lap Pass - \$88.00 for 30 Admissions  
 Admission Pass - \$25.00 for 30 Admissions  
 (Admission Pass for Persons w/ Disabilities and Adults 50+)

## Recreational Swim & Adult Lap Swim

**Monday - Friday**  
 4:30 pm - 8 pm\*  
 \*Limited lanes available

**Saturday & Sunday**  
 1 pm - 5 pm\*  
 \*Limited lanes available

## Holiday Closures



<b>MLK Day</b>	
Mon Jan 19, 2025.....	Closed
<b>Presidents Day</b>	
Mon, Feb 16, 2025.....	Closed
<b>Cesar Chavez Day</b>	
Mon, March 30, 2025.....	Closed
<b>Memorial Day</b>	
Mon, May 25, 2025.....	Closed
<b>Juneteenth</b>	
Fri, June 19, 2025.....	Closed



# CITY OF LOS ANGELES DEPARTMENT OF RECREATION & PARKS

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# YOSEMITE POOL

SPRING 2026

JANUARY 25TH - JUNE 7TH

1840 Yosemite Dr. Los Angeles CA, 90041

(323)226-1668 | yosemite.pool@lacity.org

@Yosemiteparkpool.lacityparks



# TEAM SPORTS

**Session: March 3 - May 22**

**Team Registration:**

Saturday, February 28 at 9am

**Age 7- 17:**

Age verification is required and must be on file before the first meet or the participant will not be allowed to compete.

**USA Swim Team:  
Monday - Thursday**

Dry-Land Workout: 4:30 pm - 5:00 pm  
Swim Training: 5:00 pm - 6:00 pm  
Cost: \$10

**Artistic Swim:  
Tuesday & Thursday**

Dry-Land Workout: 5:00 pm - 5:30 pm  
Swim Training: 5:30 pm - 7:00 pm  
Cost: \$50

**Novice Water Polo:  
Monday & Wednesday**

Dry-Land Workout: 5:00 pm - 5:30 pm  
Swim Training: 5:30 pm - 7:00 pm  
Cost: \$50



Register online at [reg.laparks.org](http://reg.laparks.org)

# GROUP LESSONS COST

Tiny Tots Class	\$80
Youth Group Lessons	\$67
Adult Group Lessons	\$67

All lessons are on a first come, first served basis and scheduled based on staffing availability.

# SESSION & REGISTRATION DATES

**Registration Dates**

Session 2		January 31
Session 3		February 28
Session 4		March 28
Session 5		April 25

**Session Dates**

Session 2	February 3 - February 27
Session 3	March 3 - March 27
Session 4	March 31 - April 24
Session 5	April 27 - May 22

- No telephone registration.
- Fees must be paid at the time of registration.
- Checks payable to: City of L.A. Dept. of Rec. & Parks
- No refunds will be approved unless a series is cancelled.
- No refunds will be approved unless a series is cancelled; all refunds will be given an administration fee of 10%.
- All children under the age of 7, must be accompanied by an adult parent/guardian while on the premises and in the water.

# GROUP LESSONS

**Youth Lessons: Tuesday & Thursday**

Adaptive	5:00 pm - 5:25 pm
Tiny tots	5:30 pm - 5:55 pm
WaterConfidence/ Beginner	6:00 pm - 6:25 pm
Adv. Beginner	6:30 pm - 6:55 pm
Swimmer/ Intermediate	7:00 pm - 7:25 pm

**Youth Lessons: Wednesday & Friday**

Adaptive	5:00 pm - 5:25 pm
Tiny tots	5:30 pm - 5:55 pm
WaterConfidence/ Beginner	6:00 pm - 6:25 pm
Adv. Beginner	6:30 pm - 6:55 pm
Swimmer/ Intermediate	7:00 pm - 7:25 pm

**Adult Lessons: Tuesday & Thursday**  
Beginner 7:30 pm - 7:55 pm

**Adult Lessons: Wednesday & Friday**  
Intermediate/ Swimmer 7:30 pm - 7:55 pm

*Swim Lessons are subject to change*

*A swim assessment is required if the participant is 7 years of age or older. Swim Lessons begin at age 3.*

As a covered entity under Title II of the Americans with Disabilities Act, the City of Los Angeles does not discriminate on the basis of disability, and upon request, will provide reasonable accommodation to ensure equal access to its programs, services, and activities.



# Kayak & Standup Paddleboard

**Registration Dates**

Session 1 & 2	January 3
Session 3	January 31
Session 4	February 28
Session 5	March 28

**Saturdays 9am-2pm at Hansen Dam**

Session 1	January 10 - February 1
Session 2	February 7 - March 8
Session 3	March 14 - April 5
Session 4	April 11 - May 24

# PRIVATE LESSONS

<b>Sundays:</b>	<b>1:00 pm - 4:30 pm</b>
<b>Mondays:</b>	<b>4:30 pm - 7:30 pm</b>
<b>Saturdays:</b>	<b>1:00 pm - 4:30 pm</b>

Private (8 Lessons)	\$216
Semi-Private (8Lessons)	\$320

- \*Scheduled based on staffing availability.*
- \*See pool clerk for availability*
- \*In person registration ONLY*
- \*Each lesson is 25 minutes*